



2011 Golden Bear Track & Field

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Cal Athletic Media Relations | 349 Haas Pavilion | Berkeley, Calif. 94720 | **Phone:** (510) 642-0515 | **Fax:** (510) 643-7778 | **Internet:** CalBears.com
Track & Field Contact: Herb Benenson | **Email:** benenson@berkeley.edu

Bears Head to Pac-10 Championships in Tucson

2011 Schedule

Date	Opponent	Result
1/21-22	at Cherry-Silver Invite *	non-scoring
1/28-29	at UW Indoor Invite ^	non-scoring
2/11-12	at Husky Indoor Classic ^	non-scoring
2/25-26	at MPSF Indoors ^	M 6th, W 6th
3/5	Cal Outdoor Opener +	non-scoring
3/11-12	at NCAA Indoors #	M 46th, W 57th
3/23-24	California Multis +	non-scoring
3/25	at SF St. Distance Festival	non-scoring
3/25-26	at Stanford Invite %	non-scoring
4/2	at Johnny Mathis Invite ♦	non-scoring
4/6-9	at Texas Relays =	non-scoring
4/16	at Stanford % (Big Meet) M 65-98, W 75-88	
4/22	Brutus Hamilton Open +	non-scoring
4/23	Brutus Hamilton Invite +	non-scoring
5/1	at Payton Jordan Invite %	non-scoring
5/6-7	Pac-10 Multi-Events **	
5/13-14	Pac-10 Championships **	All Day
5/26-28	at NCAA West Preliminary !	All Day
6/10-13	at NCAA Championships >	All Day
6/23-27	at USATF Championships !	All Day

* Albuquerque, NM ^ Seattle, WA
College Station, TX + Berkeley, CA
= Austin, TX % Stanford, CA
** Tucson, AZ > Des Moines, IA
! Eugene, OR ♦ San Francisco, CA

Home Meets in Bold at Edwards Stadium

Head Coach Tony Sandoval

With more than 35 years of experience coaching collegiate track & field, Tony Sandoval is in his 29th season as a member of the Cal coach staff and fourth overseeing the men's and women's programs as Director of Track & Field.

Sandoval initially came to Cal as head women's coach in 1983 and served in that capacity for nine years before the men's and women's teams combined into a single entity, serving as associate director of track & field from 1992-2007. In addition, Sandoval, who specializes in coaching the Golden Bear runners in the 800 meters and above, is Cal's head cross country coach.

Edwards Stadium/Goldman Field

Edwards Stadium/Goldman Field is home to the Cal track & field and team and has witnessed 12 world records, 26 American records and 24 collegiate records. The facility opened in 1932 as the only stadium in the world built for track & field use only. Since that time, Edwards Stadium has hosted eight NCAA championship meets and eight Pac-10 Championships, among many others.



THIS WEEK IN CAL TRACK & FIELD: The championship season for California track & field gets underway in full force this week when the Golden Bears travel to Tucson, Ariz., for the annual Pac-10 meet Friday and Saturday.

Due to the Arizona heat - highs are expected to reach the mid-90s both days - events will primarily be contested in the late afternoon and evening. The championships get underway Friday with the women's hammer at 2:30 p.m., while the opening track event will be the women's 1500-meter heats at 5:15 p.m. Complete schedules and results can be found at arizonawildcats.com.

Cal's lineup features several athletes who have posted marks that rank among the top three in the Pac-10 this season, including senior Tracey Stewart, who is first in the triple jump (43-9.75) and third in the long jump (20-6.50). Senior Kristen Meister is just two weeks removed from setting a school record in the high jump (6-1.25), which is No. 2 in the conference, while senior Allison Stokke's pole vault of 13-11.75 from the indoor season puts her No. 3 in the league.

On the men's side, junior Ray Stewart has posted the third-best time in the 110-meter hurdles (13.55), and freshman Chase Wheeler is third in the long jump (24-7.25w). Senior Steve Sodaro is fourth in the 3000 steeplechase (8:55.27), but he is the defending Pac-10 champion after running a PR 8:40.60 last season while claiming the title at Cal's Edwards Stadium.

MEISTER SKIES TO SCHOOL RECORD: Senior Kristen Meister set a Cal record in the women's high jump at the Payton Jordan Invitational at Stanford May 1 she cleared 6-1.25. The effort broke the 22-year-old mark of 6-0.75 set by Beth Vidakovits in 1989 and currently stands No. 2 in the country.

Meister had nearly cleared 6-0 in the high jump several times in her career previously, but had not quite been able to surpass the barrier. She went 5-11.50 indoors at the UW Invitational in 2009 and 5-11.25 as recently as at the Big Meet vs. Stanford April 16.

RAY STEWART HURDLES WAY INTO RECORD BOOK: Ray Stewart, a junior who is in his first season at Cal after transferring from Merritt College in Oakland, set a lifetime best in the 110-meter hurdles on his way to winning the event at the Brutus Hamilton Invitational in 13.55. The time puts him third on Cal's all-time performer list behind only Larry Cowling (13.39, 1982) and Tim Bogdanof (13.51, 2003).

A two-time state JC champion in the 110 hurdles, Stewart captured the indoor 60 hurdles title at the MPSF meet in February in 7.91 seconds. Earlier in the season, he set a Cal indoor mark, running 7.77 at the Husky Indoor Classic.

SODARO LOOKING FOR REPEAT: Last spring, Steve Sodaro became the first Golden Bear ever to win the conference title in the 3000-meter steeplechase, covering the distance in 8:40.60, which ranks third in school history. He went on to take sixth at the NCAA meet to become the first Bear to place in the event since Bob Price was fifth in 1967.

This season, Sodaro has run just one steeplechase - winning the Big Meet in 8:55.27 - for a time that ranks fourth in the Pac-10.

STOKKE MATCHES POLE VAULT MARK: Senior Allison Stokke cleared 13-11.75 in the pole vault March 5 to set a Cal indoor record in the event in a last-chance effort to qualify for the NCAA Indoor Championships. She went on to earn All-America honors with an eighth-place finish at nationals.

Stokke broke the Cal indoor mark of 13-9.25 set by Katie Morgan (the 2008 NCAA outdoor champion) in 2009. Morgan holds the Cal outdoor record of 13-11.75. Stokke's best outdoor effort is 13-9.25, while her outdoor best this year is 13-5.50

TOP 10 BEARS: Heading into this week's action, several members of Cal's track & field team are ranked among the top 25 in the nation in their respective events, including four in the top 10 - Mike Morrison (1st, decathlon), Kristen Meister (2nd, high jump), Tracey Stewart (5th, triple jump) and Ray Stewart (8th, 110-meter hurdles).

<i>Name</i>	<i>Event</i>	<i>Mark</i>	<i>NCAA</i>
Michael Coe	1500m	3:42.29	16th
Ray Stewart	110m Hurdles	13.55	8th
Mike Morrison	Decathlon	7,921	1st
Price/Stewart/Dixon/Garrett	4x400m Relay	44.75	21st
Kristen Meister	High Jump	6-1.25	2nd
Tracey Stewart	Long Jump	20-6.50	24th
Tracey Stewart	Triple Jump	43-9.75	5th

MORRISON POSTS LEADING MARK IN DECATHLON: Senior Mike Morrison captured the decathlon at the Texas Relays April 7 after accumulating 7,921 points - a total that continues leads the nation. Morrison set or tied four PRs during the two-day event - 100m, 110m hurdles, high jump and javelin. He stood atop the standings after day one and did not relinquish his edge the rest of the way. As a result, he was tabbed the Pac-10 Male Field Athlete of the Week.

Morrison's 7,921 points have been surpassed by only two other decathletes in Cal history – both NCAA champions. Chris Huffins scored 8,007 points in 1993, while Bevan Hart had 8,002 points in 2000.

The 2010 NCAA runner-up in the decathlon when he scored 7.801 points, Morrison is also a two-time MPSF champion in the indoor heptathlon. He was third in the hep at the 2010 NCAA indoor meet before taking fifth this past winter when he set a school record with 5,672 points.

Although he did not partake in the decathlon at the Pac-10 Multis last weekend, Morrison is expected to compete in four individual events this week. In addition the decathlon, he owns Cal's best legal mark in the long jump (24-3.75) and is tied for the top team mark in the pole vault (16-8.75)

ACADEMIC ANGLES: A pair of Golden Bear track & field team members were recognized for their performances in the classroom during Cal's recent Academic Honors Luncheon. Senior distance runner Alison Greggor received two awards - an Oscar Geballe Postgraduate Scholarship and the Neufeld Scholar-Athlete Award. The Geballe scholarship includes a \$5,000 stipend, which Greggor will use for working toward a Ph.D. in animal behavior. The Neufeld honor goes to the graduating student-athlete with the highest GPA. Greggor owns a 3.79 GPA as a double major in Spanish and psychology.

In addition, senior Allison Stokke has earned a Pac-10 Postgraduate Scholarship. She is graduating with her bachelor's degree in sociology and plans to pursue a master's in the Cultural Studies of Sport in Education program at Cal.

Last year, pole vaulter Theresa Raub won the Neufeld Scholar-Athlete Award. She earned her bachelor's degree in geography last May and is competing this year as a student in the Graduate School of Education.

2010 PAC-10 MEET RECAP: Cal's women finished seventh and the Golden Bear men were eighth at the 2010 Pac-10 Championships held last May at Berkeley's Edwards Stadium. Cal produced one individual winner - Steve Sodaro in the 3000-meter steeplechase - and three additional top-three finishers. Tracey Stewart was runner-up in the triple jump (42-11.50), while Mark Matusak (since graduated) took third in the 1500 meters in 3:42.24, and Hammed Suleman was third in the long jump (24-7.25).

TOP 10 LISTS: A number of Golden Bears have set PRs this season that have either placed them among Cal's all-time top performers or move them up the school lists. Those that have reached the top five during their careers are:

<i>Name</i>	<i>Event</i>	<i>Mark</i>	<i>Place</i>	<i>Year</i>	<i>Name</i>	<i>Event</i>	<i>Mark</i>	<i>Place</i>	<i>Year</i>
Michael Coe	1500m	3:40.13	3rd	2009	Rowena Tam	3000mSC	10:32.79	2nd	2011
Michael Coe	Mile	3:56.18	1st	2009	Taylor Bryson	3000mSC	10:43.68	4th	2011
Steve Sodaro	Mile	3:59.42	5th	2010	Deborah Maier	5000m	15:58.49i	2nd	2010
Michael Coe	3000m	7:48.05i	1st	2009	Alison Greggor	5000m	16:16.86	5th	2011
Collin Jarvis	3000m	7:59.85i	5th	2011	Alison Greggor	10,000m	34:37.01	5th	2009
Steve Sodaro	3000mSC	8:40.60	3rd	2010	Emani Truluck	100mH	13.82	4th	2011
Kari Karlsson	10,000m	39:28.05	4th	2008	Kristen Meister	High Jump	6-1.25	1st	2011
Ray Stewart	110mHH	13.55	3rd	2011	Kristin Rimbach	High Jump	5-10.00	5th	2011
Connor Landry	Pole Vault	17-5.50i	5th	2010	Allison Stokke	Pole Vault	13-11.75i	1st	2011
Mike Morrison	Decathlon	7,921	3rd	2011	Theresa Raub	Pole Vault	13-1.75i	5th	2011
Cherrelle Garrett	100m	11.38	2nd	2009	Tracey Stewart	Long Jump	20-6.50	5th	2011
Charnell Price	100m	11.68	4th	2011	Tracey Stewart	Triple Jump	43-9.75	3rd	2011
Alima Kamara	400m	52.75	2nd	2010	Chioma Amaechi	Hammer	189-2	5th	2011
Sofia Oberg	1500m	4:20.06	5th	2011	Dana Hoolko	Javelin	149-9	2nd	2011
Deborah Maier	3000m	9:20.05i	1st	2010					

GOLDEN BEAR NOTES: Freshman Chioma Amaechi leads the Bears in both the shot put (49-7.25) and hammer (189-2), while she is second in the discus (142-5) ... several Bears who figured heavily into the team's plans this season are out with injury, including distance runners scorers Michael Coe and Deborah Maier, and Hammed Suleman, all high scorers at the 2010 Pac-10 meet ... at the NCAA indoor championships, Mike Morrison was fifth in the heptathlon, Allison Stokke took eighth in the pole vault, and Hammed Suleman placed 12th in the triple jump ... Golden Bears also won three MPSF indoor crowns - Morrison in the heptathlon, Ray Stewart in the 60-meter hurdles and Suleman in the triple jump.

2011 California Track & Field Outdoor Best Marks List

Cal Record in Parentheses / # New Cal Record / ^ Cal Freshman Record
h Earned Mark in Heptathlon / d Earned Mark in Decathlon / i Earned Mark Indoors

Men

Name	Mark	Date	Site	PR	Name	Mark	Date	Site	PR
100 meters (10.18a, Atlee Mahorn, 1990)					110-meter hurdles (13.39, Larry Cowling, 1982)				
Ray Stewart	10.57	4/16	Stanford	10.57	Ray Stewart	13.55	4/23	Berkeley	13.55
Chase Wheeler	10.62	4/16	Stanford	10.62	Aaron Burney	14.24	4/23	Berkeley	14.24
Mike Morrison	10.65d	4/6	Austin	10.65	Mike Morrison	14.72d	4/7	Austin	14.72
Charles Saseun	10.76	4/2	San Francisco	10.76	Monte Corley	14.91	4/16	Stanford	14.91
Nick Porter	10.81	4/23	Berkeley	10.60w	Kevin Kuechler	15.47	4/2	San Francisco	15.30
Tom Blocker	10.90	4/2	San Francisco	10.90	Ikem Okwudiafor	15.34	4/23	Berkeley	15.34
Dan Davis	11.24	4/2	San Francisco	11.24	400-meter hurdles (48.46, Larry Cowling, 1982)				
Chad Jones	11.25	4/2	San Francisco	11.26	Monte Corley	52.12	4/7	Austin	52.12
Aaron Burney	11.30	4/22	Berkeley	11.30	Cody Schmidt	1:01.76	4/16	Stanford	1:01.76
Kevin Kuechler	11.38	3/23	Berkeley	11.38	Simon Schmidt	1:04.67	4/16	Stanford	1:04.67
Ikem Okwudiafor	11.94	3/5	Berkeley	11.94	3000-meter steeplechase (8:35.37, Kevin Davis, 2007)				
200 meters (20.20, Atlee Mahorn, 1988)					Steve Sodaro	8:55.27	4/16	Stanford	8:40.60
Chase Wheeler	21.47	4/16	Stanford	21.47	Cody Schmidt	9:17.30	4/16	Stanford	9:08.07
Ray Stewart	21.61	5/1	Stanford	21.61	Simon Schmidt	9:19.03	4/22	Berkeley	9:19.03
Tojsh Kennedy	22.52	4/2	San Francisco	22.34	4x100-meter Relay (39.14, Strickland/Burns/Nichols/Walker, 1975)				
Dan Davis	22.61	4/22	Berkeley	22.61	NM				
Taylor Kientzel-Means	24.18	4/2	San Francisco	24.18	4x400-meter Relay (3:03.9, Wallace/Walker/Mosley/Robinson, 1976)				
Ikem Okwudiafor	24.53	4/2	San Francisco	24.53	Davis/Porter/Locklear/Wheeler	3:15.00	4/16	Stanford	3:15.00
400 meters (45.46, Peter Howard, 1985)					Davis/Kennedy/Corley/Morrison	3:15.97	3/25	Stanford	3:15.97
Dan Davis	48.72	4/16	Stanford	48.72	High Jump (7-5.75, Jeff Rogers, 1990)				
Tojsh Kennedy	49.35	4/23	Berkeley	48.31	Brian Carmichael	6-11.75 (2.13m)	5/1	Stanford	7-0.25
Mike Morrison	49.84d	4/6	Austin	48.63	Nick Ridge	6-9.75 (2.09m)	5/1	Stanford	6-9.75
Nick Porter	50.59	3/5	Berkeley	50.59	Maurice Valentine Jr.	6-8.00 (2.03m)	4/16	Stanford	6-8.00
Kevin Kuechler	51.57	3/23	Berkeley	51.39i	Mike Tracy	6-8.00 (2.03m)	4/16	Stanford	6-8.00
800 meters (1:45.4, Rick Brown, 1972)					Mike Morrison	6-6.25 (1.99m)d	4/6	Austin	6-6.25
Jordan Locklear	1:52.97	4/16	Stanford	1:52.97	Kevin Kuechler	5-10.50 (1.79m)	3/23	Berkeley	6-0.75
Monte Corley	1:58.90	3/5	Berkeley	1:58.90	Pole Vault (18-8.25, Brent Burns, 1992)				
1500 meters (3:39.59, Mark Matusak, 2010)					Mike Morrison	16-8.75 (5.10m)d	4/7	Austin	17-0.75i
Michael Coe	3:44.95	4/16	Stanford	3:41.60	Connor Landry	16-8.75 (5.10m)	4/23	Berkeley	17-5.50i
Steve Sodaro	3:47.69	3/25	Stanford	3:46.96	Kyle Mills-Bunje	13-7.25 (4.15m)	4/16	Stanford	16-0.75i
Jordan Locklear	3:48.08	5/1	Stanford	3:48.08	Kevin Kuechler	12-10.25 (3.92m)d	5/7	Tucson	13-3.50i
Bob Reistenberg	4:01.06	3/5	Berkeley	4:01.06	Long Jump (26-6.25, Curtis Rogers, 1990)				
J.J. Solorzano	4:06.60	3/25	San Francisco	4:06.60	Mike Morrison	24-3.75 (7.41m)d	4/6	Austin	24-6.25
Austin Jett	4:16.09	4/22	Berkeley	4:00.82	Chase Wheeler	23-5.25 (7.14m)	4/23	Berkeley	23-10.75i
Mike Morrison	4:49.38d	4/7	Austin	4:41.39		24-7.25w (7.50m)	4/16	Stanford	24-7.25w
Kevin Kuechler	5-10.11d	5/7	Tucson	4:50.14	Taylor Kientzel-Means	23-10.25 (7.27m)	4/16	Stanford	23-10.25
Mile (3:56.18, Michael Coe, 2009)					Kevin Kuechler	22-7.00 (6.88m)d	5/6	Tucson	22-8.50i
Michael Coe	4:00.07	4/23	Berkeley	3:56.18	Hammed Suleman	22-1.00 (6.73m)	3/25	Stanford	24-8.50
Jordan Locklear	4:07.23	4/23	Berkeley	4:07.23	Chad Jones	23-0.50 (7.02m)	3/16	Stanford	23-2.00
Steve Sodaro	4:07.78	4/23	Berkeley	3:59.42	Idarre Coles	20-4.50 (6.21m)	3/5	Berkeley	22-0.25i
3000 meters (7:48.05i, Michael Coe, 2009)					Triple Jump (55-0.00, Ken Williams, 1985)				
Michael Coe	8:07.96	4/16	Stanford	7:48.05i	Hammed Suleman	50-9.50 (15.48m)	3/26	Stanford	52-10.75i
Maxime Chevee	8:23.10	4/16	Stanford	8:23.10	Chad Jones	49-3.00 (15.01m)	4/16	Stanford	49-3.00
Matt Miller	8:28.18	4/16	Stanford	8:28.18	Taylor Kientzel-Means	47-11.75 (14.62m)	3/26	Stanford	47-11.75
J.P. Slater	8:37.77	4/16	Stanford	8:37.77	Ikem Okwudiafor	44-7.50 (13.60m)	4/16	Stanford	44-7.50
Renaud Poizat	8:40.03	4/16	Stanford	8:40.03	Shot Put (66-3, Dave Porath, 1981)				
Andres Diaz	8:40.88	4/16	Stanford	8:39.10	Patrick Kowalsky	58-1.25 (17.71m)	4/16	Stanford	59-3.00
Matt Petersen	8:48.22	4/16	Stanford	8:48.22	Kevin Kuechler	40-9.75 (12.44m)d	5/6	Tucson	43-11.75i
Ethan Mark	8:52.75	3/5	Berkeley	8:52.75	Mike Morrison	40-8.25 (12.40m)d	4/6	Austin	43-4.50i
Bob Reistenberg	9:05.21	4/16	Stanford	9:05.21	Discus (210-11, Ramon Jimenez-Gaona, 1992)				
5000 meters (13:31.8, Bolota Asmerom, 2001)					Patrick Kowalsky	161-9 (49.31m)	5/1	Stanford	165-2
Maxime Chevee	14:09.40	5/1	Stanford	14:09.40	Jeff Butler	157-2 (47.90m)	3/25	Stanford	157-2
Cody Schmidt	14:29.13	4/22	Berkeley	14:29.13	Mike Morrison	128-5 (39.14m)	5/2	Stanford	130-4
Matt Miller	14:34.48	4/22	Berkeley	14:34.48	Kevin Kuechler	124-8 (38.00m)d	5/7	Tucson	129-9
Matt Petersen	14:46.45	4/22	Berkeley	14:46.45	Hammer (229-0, Jari Matinolli, 1986)				
Kari Karlsson	14:51.18	5/1	Stanford	14:01.99	Patrick Kowalsky	169-10 (51.78m)	4/16	Stanford	169-10
J.P. Slater	14:54.21	4/22	Berkeley	14:54.21	Javelin (250-10, Ryan Young, 2009)				
Renaud Poizat	14:56.07	3/25	San Francisco	14:56.07	Mike Morrison	194-9 (59.36m)d	4/7	Austin	194-9
Simon Schmidt	15:09.79	3/25	Stanford	15:09.79	Kyle Mills-Bunje	175-5 (53.47m)	4/16	Stanford	175-5
Bob Reistenberg	15:04.64	4/22	Berkeley	15:04.64	Kevin Kuechler	155-8 (47.46m)	5/7	Tucson	159-1
Andres Diaz	15:14.66	4/22	Berkeley	15:14.66	Decathlon (8,007, Chris Huffins, 1993)				
Ethan Mark	15:18.04	3/25	San Francisco	15:18.04	Mike Morrison	7921	4/7	Austin	7921
10,000 meters (28:32.27, Yosef Ghebray, 2009)					Kevin Kuechler	6507	5/7	Tucson	6638
Matt Miller	30:59.48	3/25	Stanford	30:59.48					

2011 California Track & Field

Outdoor Best Marks List

Cal Record in Parentheses / # New Cal Record / ^ Cal Freshman Record
h Earned Mark in Heptathlon / d Earned Mark in Decathlon / i Earned Mark Indoors

Women

Name	Mark	Date	Site	PR	Name	Mark	Date	Site	PR
100 meters (11.33, Antonette Carter, 2006)					100-meter hurdles (13.02, Kimyon Broom, 2009)				
Cherrelle Garrett	11.60	4/23	Berkeley	11.38	Emani Truluck	13.82	4/23	Berkeley	13.82
Charnell Price	11.68	4/16	Stanford	11.68	Dantia Hudson	14.87	5/2	Stanford	14.27
Kayla Dixon	11.93	5/1	Stanford	11.93	Tiarra Pittman	15.43	3/5	Berkeley	15.43
Emani Truluck	12.35	4/22	Berkeley	12.35	400-meter hurdles (57.61, Helga Haldorsdottir, 1986)				
Tiarra Pittman	12.49	3/5	Berkeley	12.49	Angelica Weaver	59.66	4/2	San Francisco	59.66
Dantia Hudson	12.94	4/22	Berkeley	12.79	Ashley Cooke	1:00.58	4/16	Stanford	1:00.58
200 meters (22.72, Antonette Carter, 2006)					Natalya Beneby	1:04.91	4/16	Stanford	1:00.50
Cherrelle Garrett	23.86	5/1	Stanford	23.63	Laureina Toler	1:06.65	4/2	San Francisco	1:02.30
Charnell Price	24.08	4/16	Stanford	24.08	Shannon Forbes	1:06.13	422	Berkeley	1:01.85
Kayla Dixon	24.25	5/1	Stanford	24.25	3000-meter Steeplechase (10:22.38, Mariele Schlueter, 2002)				
Emani Truluck	25.21	5/1	Stanford	25.21	Rowena Tam	10:32.79	4/16	Stanford	10:32.79
Hayley Huxtable	25.33	4/2	San Francisco	24.90	Taylor Bryson	10:43.68	5/2	Stanford	10:43.68
Tiarra Pittman	26.20	3/5	Berkeley	26.20	4x100-meter Relay (44.28, Omwanghe/T. Johnson/Hawes/Carter, 2004)				
Angelica Weaver	26.22	4/2	San Francisco	26.22	Price/Stewart/Dixon/Garrett	44.75	4/16	Stanford	44.75
Laureina Toler	26.79	3/5	Berkeley	26.79	Kamara/Price/Dixon/Garrett	45.55	4/23	Berkeley	45.55
Dantia Hudson	27.66	3/5	Berkeley	27.66	Price/Dixon/Weaver/Garrett	45.93	3/26	Stanford	45.93
400 meters (52.53, Latasha Gilliam, 1996)					4x400-meter Relay (3:35.46, Turner/Pierce/E. Smith/A. Johnson, 2007)				
Alima Kamara	53.88	4/16	Stanford	52.75	Weaver/Cooke/Dixon/Price	3:47.00	3/5	Berkeley	3:47.00
Ashley Cooke	56.08	3/5	Berkeley	55.99i	Dixon/Price/Meister/Kamara	3:48.63	4/16	Stanford	3:48.63
Kayla Dixon	55.38	4/16	Stanford	55.29	Cooke/Kamara/Price/Weaver	3:50.13	3/26	Stanford	3:50.13
Hayley Huxtable	57.13	4/23	Berkeley	55.70	High Jump (6-1.25, Kristen Meister, 2011)				
Kristen Meister	58.12	4/2	San Francisco	58.12	Kristen Meister	6-1.25 (1.86m)#	5/2	Stanford	6-1.25
Laureina Toler	1:01.64	3/5	Berkeley	58.07	Kristin Rimbach	5-10.00 (1.78m)	4/23	Berkeley	5:10.00
800 meters (1:59.29, Alysia Johnson, 2007)					Gianna Fernandez	5-9.25 (1.76m)	4/16	Stanford	5-9.25
Sofia Oberg	2:08.21	4/23	Berkeley	2:03.99	Natalie Hoage	5-4.25 (1.63m)	3/5	Berkeley	5-4.25
Taylor Dutch	2:12.18	4/16	Stanford	2:12.18	Pole Vault (13-9.25, Katie Morgan, 2008)				
Alima Kamara	2:14.65	3/26	Stanford	2:14.65	Allison Stokke	13-5.50 (4.10m)	4/9	Austin	13-11.75i
Taylor Bryson	2:14.91	4/16	Stanford	2:14.91	Theresa Raub	12-11.75 (3.96m)	4/23	Berkeley	13-1.75i
Rowena Tam	2:15.49	4/16	Stanford	2:15.49	Nicole Larson	11-9.75 (3.60m)	4/16	Stanford	11-9.75
Sarah Keddington	2:15.71	422	Berkeley	2:15.71	Long Jump (22-1.00, Sheila Hudson, 1990)				
Angelica Weaver	2:18.65	3/5	Berkeley	2:18.65	Tracey Stewart	20-6.50 (6.26m)	4/16	Stanford	20-6.50
Chelsea Reilly	2:18.83	3/26	Stanford	2:18.83	Amanda Hunter	19-1.50 (5.83m)	4/16	Stanford	19-1.50
1500 meters (4:09.23, Louise Romo, 1984)					Robyn Hunte	18-3.75 (5.58m)	5/2	Stanford	18-3.75
Sofia Oberg	4:20.06	5/2	Stanford	4:20.06	Triple Jump (46-0.75, Sheila Hudson, 1990)				
Rowena Tam	4:23.73	4/23	Berkeley	4:23.73	Tracey Stewart	43-9.75 (13.35m)	4/16	Stanford	43-9.75
Chelsea Reilly	4:24.49	4/16	Stanford	4:24.49	Amanda Hunter	40-7.00 (12.37m)	4/16	Stanford	40-7.00
Taylor Dutch	4:25.26	4/16	Stanford	4:25.26	Gianna Tinetti	37-3.00 (11.35m)	422	Berkeley	37-3.00
Alison Greggor	4:29.72	4/23	Berkeley	4:29.72	Shot Put (54-4.75, Kristin Heaston, 1999)				
Juliana Green	4:39.39	422	Berkeley	4:39.39	Chioma Amaechi	49-7.25 (15.12m)	5/2	Stanford	49-7.25
Sarah Keddington	4:42.84	3/5	Berkeley	4:42.84	Linda Oseso	46-11.75 (14.32m)	4/16	Stanford	47-3.50i
Hillary Hayes	4:47.68	4/2	San Francisco	4:47.68	Discus (188-11, Kelechi Anyanwu, 2007)				
3000 meters (9:20.05i, Deborah Maier, 2010)					Kendall Morris	160-0 (48.78m)	4/16	Stanford	160-0
Alison Greggor	9:42.89	4/16	Stanford	9:38.88	Chioma Amaechi	142-5 (43.40m)	4/16	Stanford	142-5
Keena Kohl	10:04.00	4/16	Stanford	10:04.00	Clinay Cameron	129-7 (39.49m)	3/5	Berkeley	129-7
Hillary Hayes	10:13.96	4/16	Stanford	10:13.96	Kiely Smith	112-4 (34.24m)	4/16	Stanford	127-9
Crystal Esparza	10:16.44	3/5	Berkeley	10:16.44	Hammer (214-0, Jennifer Joyce, 2002)				
Heather Cerney	10:19.29	4/16	Stanford	10:19.29	Chioma Amaechi	189-2 (57.65m)	5/2	Stanford	189-2
Michelle Davis	10:20.21	4/16	Stanford	9:57.12	Linda Oseso	188-5 (57.44m)	4/16	Stanford	188-5
5000 meters (15:46.8, Kirsten O'Hara, 1985)					Kiely Smith	177-3 (54.04m)	5/2	Stanford	177-3
Alison Greggor	16:16.86	5/2	Stanford	16:16.86	Clinay Cameron	121-10 (37.15m)	4/2	San Francisco	121-10
Rowena Tam	16:24.35	5/2	Stanford	16:24.35	Javelin (152-10, Emilee Strot, 2006)				
Taylor Bryson	16:50.78	3/25	Stanford	16:50.78	Dana Hoolko	149-9 (45.65m)	4/23	Berkeley	149-9
Lauryne Chetelat	17:12.85	3/25	Stanford	15:43.31	Katie Bruzzone	129-5 (39.44m)	3/5	Berkeley	129-5
Heather Cerney	17:13.95	3/25	Stanford	17:13.95	Heptathlon (5624, Ifeoma Ozoeze, 1995)				
Keena Kohl	17:17.94	422	Berkeley	17:17.94	NM				
Michelle Davis	17:19.81	422	Berkeley	16:49.62					
Elisa Karhu	17:28.46	422	Berkeley	17:28.46					
Hillary Hayes	17:42.78	3/25	Stanford	17:42.78					
Crystal Esparza	18:08.92	3/25	San Francisco	18:08.92					
10,000 meters (32:40.76, Kirsten O'Hara, 1985)									
NM									